

Florida Health Literacy Grant Initiative  
**Post-Assessment**  
Staying Healthy for Beginners

Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_

*Circle the correct answer:*

1. A person who feels well and goes to the doctor is having a check-up.

True

False

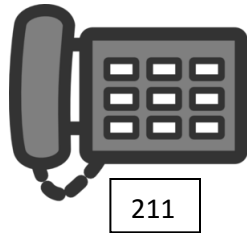
2. Vitamins are a nutrient.

True

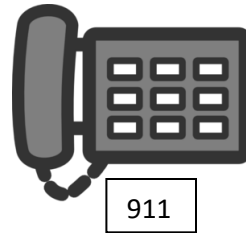
False

3. What number should you call if there is an emergency?

A.



B.



4. Over-the-counter (OTC) medicines can have side effects.

True

False

5. Obesity is

A. being healthy

B. being very overweight

6. When you go to the doctor you pay a set fee and your insurance pays the rest. This *set fee* is called

A. a premium

B. a co-pay

7. A health history form helps a doctor know about

A. your health insurance

B. you and your family's health problems



Local Pharmacy  
888 Healthy Street  
Everywhere, USA 10101

(A) Store Phone: (123) 456-7891

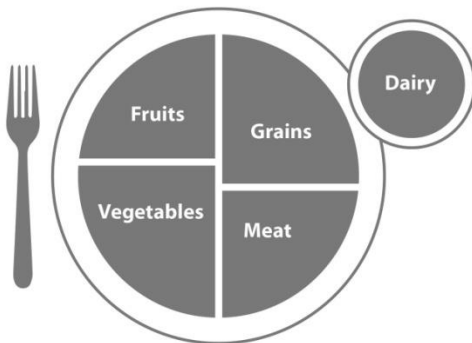


- (B) **TETRACYCLINE 500MG Tablets**
- (C) **Clementine Baker**
- (D) Take one tablet by mouth in the morning and one at night
- (E) QTY: 20
- (F) 3 Refills                      (H) Use Before: 08/25/2029
- (G) Rx#:3492
- (I) Prescriber: Dr. Khan Do

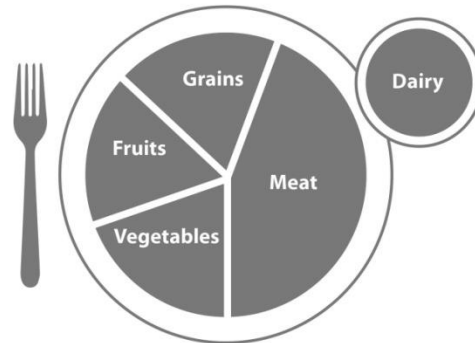
Select the correct letter choice from the medicine label for questions 8-11.

- 8. Whose prescription this is? \_\_\_\_\_
- 9. How often should this medicine be taken? \_\_\_\_\_
- 10. How many tablets were prescribed? \_\_\_\_\_
- 11. What is the name of this medicine? \_\_\_\_\_

12. Which one shows a healthy diet?



A



B.

13. Which has more sodium?

A. Chicken Noodle Soup

B. Fresh Tomatoes