STAYING HEALTHY: Health Literacy Curriculum and Resources for ESOL

Date: March 5, 2009

Time: 9:00 am to 12:00 pm

Location: Education Leadership Center, Rm. 8A—445 W. Amelia Street, Orlando FL 32801

Description: Come learn about how to successfully integrate health literacy into high beginning and low intermediate level Adult ESOL instruction. Increase health literacy awareness among your students and encourage them to make healthy choices in relation to nutrition, preventative health care, accessing health services, and other related issues.

This 3-hour session includes an overview of the freely available *Staying Healthy* curriculum, lots of hands-on activities/resources and time for discussion and idea sharing. Each participant will receive a copy of the *Staying Healthy* Student and Teacher's Resource Guide.

At the conclusion of this session individuals will be able to:
- Understand how to incorporate health lessons into their ESOL classroom
- Understand project-based learning
- Identify some health-related activities that would be suitable for project-based learning
- Know where to go online to download all of the *Staying Healthy* materials and related health education resources

Fee: <u>Free.</u> Please share this with your fellow tutors and teachers.

Presenter: Jordana Frost, Health Literacy Program Coordinator (Florida Literacy Coalition). As part of the *Staying Healthy* development team, Jordana was involved in the creation of the curriculum and materials from their early stages to the final publication. Currently managing the Health Literacy Grant Initiative, a program sponsored by Blue Cross and Blue Shield of Florida, she acts as a resource and support person for statewide health literacy programs.

To register for the training, <u>click here</u> or to register by phone call (800) 237-5113.

If you have questions, please contact Jordana Frost, 407-246-7110, frostj@floridaliteracy.org