Symptoms of Covid-19

People Who Have These Symptoms May Have COVID-19

(A symptom is something that shows you have an illness.)

**COUGH**
The body’s way of cleaning out our lungs
(Coughing removes mucus, foreign particles and germs)

**SHORTNESS OF BREATH**
The feeling that you can't get enough air.

Or At Least Two of These Symptoms

**Fever**
An increase in the temperature of the body to 100.4 degrees or higher.

**Headache**
A pain or ache in your head that will not go away.

**Muscle Pain**
Does your body ache or hurt? If your body hurts all over, you might have a virus.

**Chills**
If you are sick, your body can feel cold even when the temperature is warm.

**What to Do If You Are Sick**
- Stay home except to get medical care
- Take care of yourself
- Stay in touch with your doctor
- Avoid public transportation
- Separate yourself from others
- Monitor Your symptoms
- Call ahead before visiting doctor
- Wear a face covering around others

**Loss of Taste and Smell**
Does food taste and smell differently to you?

**Repeating Shaking with Chills**
Sometimes when a person has chills, they also experience body shaking or shivering.

**Sore Throat**
Does your throat hurt when you swallow or talk? It might feel like a sharp pain or a burning pain.

Contact your health care clinic or county health department to be tested for COVID-19.