

Drug Facts

Active ingredient (in each tablet) Purpose
Chlorpheniramine maleate 2 mg Antihistamine

Uses temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:

- sneezing ■ runny nose ■ itchy, watery eyes
- itchy throat

Warnings

Ask a doctor before use if you have

- glaucoma
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are taking tranquilizers or sedatives

When using this product

- You may get drowsy ■ Avoid alcoholic drinks
- Alcohol, sedatives, and tranquilizers may increase drowsiness
- Be careful when driving a motor vehicle or operating machinery
- Excitability may occur, especially in children

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

Adults and children 12 years and over	Take 2 tablets every 4 to 6 hours; not more than 12 tablets in 24 hours.
Children 6 years to under 12 years	Take 1 tablet every 4 to 6 hours; not more than 6 tablets in 24 hours.
Children under 6 years	Ask a doctor

Other information Store at 20-25° C (68-77° F)

- Protect from excessive moisture

Inactive ingredients D&C yellow no. 10, lactose, magnesium stearate, microcrystalline cellulose, pregelatinized starch



CHAPTER

3

MEDICINE

Picture Story

What is different about these two pictures? What is the same?

Over-the-counter Medicine (OTC)

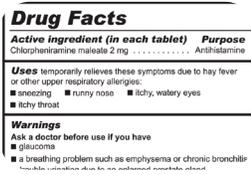
- What can you learn about this medicine from the label?

Prescription Medicine (Rx)

- What can you learn about this medicine from the label?

Word List

LOOK AT THE PICTURE. READ THE WORD. SAY THE WORD. READ WHAT IT MEANS.

Picture	Word	How do I say it?	What does it mean?
	Generic	Gen AIR ik	Not a name brand, usually less expensive than the name brand
	Label	LA bel	On the medicine bottle or box that describes how to take it
	Over-the-counter (OTC)	O ver the COUNT er	Medicine anyone can buy at a store, you do not need a prescription
	Pharmacy	FARM uh see	Where you go to buy medicine
	Pharmacist	FARM us sist	A person who works in the pharmacy, the person who fills prescriptions
	Prescription (Rx)	Pre SCRIP shun	You need one of these from a doctor to buy certain medicines
	Side effect	SIDE e fekt	An unwanted result or symptom you get from taking some medicines

Reading

What does a medicine label tell you?

A medicine label tells you about the medicine. It tells you:

- the name of the medicine.
- who the medicine is for.
- about possible side effects.
- about possible dangers (warnings).

A medicine label tells you how to take the medicine. It tells you:

- **how to take** the medicine.
- **how much** medicine to take.
- **how often** to take it.

Do not share prescription medicines with friends or family. Medicines can cause sickness and even kill a person when used the wrong way.



Alicia's Story

Read the story and answer the questions.

Alicia went to the doctor. The doctor gave her a prescription. Alicia took the prescription to the pharmacy. She gave the prescription to the pharmacist. The pharmacist filled the prescription and gave her the medicine. Alicia asked the pharmacist, "How do I take this medicine?" The pharmacist said, "Take two pills, twice a day."

ABC/Pharmacy, 615 E. 23rd Street, Hialeah, FL 33107

(305) 555-6554

Rx# 10178 13222

Rodrigues, Alicia

54 Bloom Street

Hialeah, FL 33024

Take 2 tablets by mouth twice daily

Minocycline 100 MG tablets

Dr. HANES, A

No refills

Qty. 30

Discard After 03/24/2015

Important: Finish all medicine unless otherwise directed by your doctor.

Writing

1. What is the name of the medicine?
2. How much medicine will Alicia take each day?
3. How often will she take it each day?
4. How many pills are in the bottle?
5. What does the warning label say?

Speaking

Practice this dialogue with a partner.

Dialogue

Pharmacist: Hello, how can I help you?

Patient: I need to find an **over-the-counter** medicine for allergies.

Pharmacist: What are your symptoms?

Patient: I have a headache and sneeze often.

Pharmacist: Here is a medicine that works for many people. Try this medicine.

Patient: Will this medicine cause **side effects**?

Pharmacist: The **label** says this medicine may make you feel sleepy.

Patient: Is there a medicine that will not make me sleepy?

Pharmacist: Yes, try this one.

Patient: Thank you.



Dialogue

Pharmacist: Hello, how can I help you?

Patient: I need to find an **over-the-counter** medicine for _____.

Pharmacist: What are your symptoms?

Patient: I have _____ and _____ often.

Pharmacist: Here is a medicine that works for many people. Try this medicine.

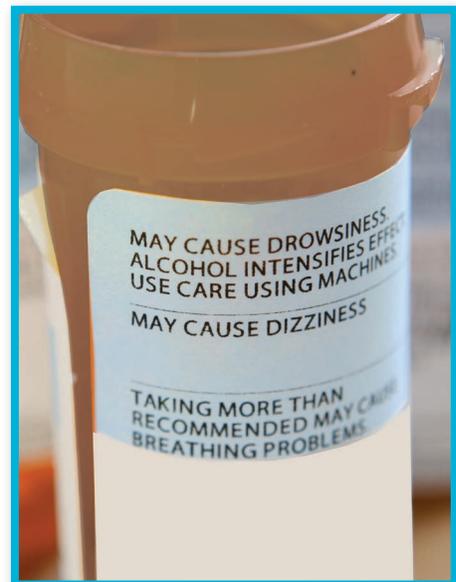
Patient: Will this medicine cause **side effects**?

Pharmacist: The **label** says this medicine may make you feel _____.

Patient: Is there a medicine that will not make me _____?

Pharmacist: Yes, try this one.

Patient: Thank you.



Practice

Match each word with the correct definition.

Word	Definition
___ 1. Pharmacy	A Used when you are sick or you have aches and pains to help make you well again
___ 2. Over-the-counter	B Not a name brand medicine, usually less expensive than the name brand
___ 3. Prescription	C An unwanted result or symptom you get from taking some medicines
___ 4. Medicine	D On the medicine bottle or box that describes how to take it
___ 5. Pharmacist	E Where you go to buy medicine
___ 6. Warning label	F A person who works in a pharmacy, the person who fills prescriptions
___ 7. Label	G You need one of these from a doctor to buy some kinds of medicine
___ 8. Side-effect	H Medicine you can buy at a store, you do not need a prescription
___ 9. Generic	I A label that describes dangers and what NOT to do when taking medicine

Action

Make a list of all the medicine you take. Write the name of the medicine, why you take the medicine, and how much medicine you take.

List the **PRESCRIPTION** medicines you take.

Name of medicine	Why you take it	How much you take

List the **OVER-THE-COUNTER** medicines you take.

Name of medicine	Why you take it	How much you take

Websites

MedlinePlus: Drugs, Supplements and Herbal Information

<http://www.nlm.nih.gov/medlineplus/druginformation.html>

Medicine Vocabulary Practice

<http://www.reepworld.org/englishpractice/health/medicine/index.htm>