

Florida Health Literacy Initiative Celebrates Another Successful Year!

Most of the students indicated the programs helped them gain knowledge about food and nutrition, general health issues, exercise, communication skills, going to the doctor, and getting regular health check-ups. Working with their teachers, students ran health fairs, created vegetable and herb gardens, made healthy meals, wrote nutrition books for children, created informative posters, conducted hands-on experiments, and compiled recipe books, among many other great projects. We are looking forward to another great year of learning and sharing success stories and resources! Special thanks to the Florida Blue Foundation for making this statewide initiative possible! For more information and a list of programs check out the [Florida Health Literacy Initiaves](#) website.