Post-Assessment: Staying Healthy for Beginners

1. What number should you call if there is an emergency?
   A. 211
   B. 411
   C. 911

2. A health history form helps a doctor know about a patient’s:
   A. health insurance
   B. you and your family’s health problems
   C. your health questions

3. Obesity means:
   A. being underweight
   B. being a healthy weight
   C. being very overweight

4. When you go to the doctor, you pay a set fee and your insurance pays the rest. This set fee is called:
   A. premium
   B. co-pay
   C. referral

5. Which food has more sodium?
   A. chicken noodle soup
   B. fresh tomatoes
   C. bread
6. A person who feels well and goes to the doctor is having a check-up.
   
   A. True
   B. False

7. Vitamins are a nutrient.

   A. True
   B. False

8. Over-the-counter (OTC) medicines can have side effects.

   A. True
   B. False

Select the correct letter choice from the medicine label for questions 9-12.

   BAKER, CLEMENTINE 16 Apr 2017
   RX# FF941858 Dr. KHAN DO
   Tetracycline 250MG/tablet 30 round white tablets
   Take 1 tablet in the morning and 1 at night.
   2 Refills

9. How often should this medicine be taken?

   A. once per day
   B. twice per day
   C. three times per day

10. Whose prescription is this?

    A. Tetracycline
    B. Clementine Baker
    C. Dr. Khan Do
11. How many tablets should be taken per day?
   A. 1
   B. 2
   C. 30

12. What is the name of this medicine?
   A. Tetracycline
   B. Clementine Baker
   C. Dr. Khan Do

13. Which picture shows the healthiest diet?
   A. 
   B. 

![Diagram A](image1)

![Diagram B](image2)